SUSANNA WESLEY NEWSTETTERS

September 30, 2026 *Phnom Penh, Cambodia*

Susanna Wesley House | **Shine Project** | **Children's Ministry**

Yoga Lessons

This month, Connie, our Global Mission Fellow, began leading yoga classes for the students at Susanna Wesley House.
The classes give students an opportunity to slow down, move their bodies, relieve stress, and enjoy time together outside of their busy study schedules. It has been a simple but meaningful way for the students to care for their physical and emotional well-being while building friendship and connection with one another.
We are thankful for Connie's willingness to share this activity with the students and for the joy and energy it brings to our SWH community. We hope these moments of movement, rest, and fellowship will continue to encourage our students as they balance their studies and daily responsibilities.

Celebrating our Alumni

September was a special month at Susanna Wesley House as we celebrated an important transition for four of our students Sreleak, Vicheka, Vannat, and Seyha as they moved out of the dormitory.

Their time at SWH has been an important part of their university journey, filled with learning, friendship, growth, and many meaningful memories.

While we will miss seeing them each day, we are proud of how they have grown and are excited to see them take this next step toward independence.

Prayers Requests

- **Our alumni** — that they will adjust well to their new homes, responsibilities, and opportunities, and that God will guide them in this new season.
- **Our move to the new SWH building** — for a smooth, safe, and successful transition as we prepare to move.
- **Our students traveling home** — for safe travels as they return to their families to celebrate Pchum Ben Day on October 12.

SHINE PROJECT

This month, we were grateful for another opportunity to gather the young women together and learn about money management. They learned practical ways to manage their money wisely, plan their spending, save when possible, and make thoughtful financial decisions for their future. But our time together was about more than learning. It was also a special opportunity

to share experiences, encourage one another, and build new friendships. Coming from different places and backgrounds, the young women were able to connect with each other, learn from one another, and enjoy meaningful time together. We are thankful for these moments of learning, friendship, and growth. Because of your support, SHINE can create a safe and encouraging space where young women can gain practical skills, build confidence, and find hope for their future. Thank you for being part of their journey and for helping make these opportunities possible.

CHILDREN'S MINISTRY

Our Children's Ministry continues to equip churches across Cambodia with resources that help children learn and grow in faith. We have already provided TV sets to several churches, giving Sunday School teachers new ways to share Bible stories, songs, and lessons with children.

Now, we are developing a three-year Sunday School lesson plan, including Bible lessons, children's songs, and Bible stories, and we hope to support even more churches.

We are currently raising $450 for another TV set to help bring these resources to children in a local church.

Would you join us in investing in the next generation? Every gift helps bring God's Word to more children.

How to Support: An annual tuition for most of the universities in Phnom Penh is about $600.

Online support: https://advance.umcmission.org/p-393-children-and-youth-scholarships.aspx
Children and Youth Scholarships - Advance # 3020791

To donate by check: Please make your check payable to **Advance GCFA** and write the **Advance # 3020791** on the memo line. (Address: Advance GCFA PO Box 9068 GPO New York, NY 10087-9068)

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